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TEMITOPE MAYEGUN

The Holy Spirit My

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TEL: 08052820773, 08055057764

Author:
TEMITOPE MAYEGUN

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DEDICATION

This book is dedicated to God Almighty, the Creator and source of all inspiration, for His love, grace, and guidance throughout this journey. May it bring glory to His name and serve as a testament to His faithfulness. All honor and praise belong to Him forever. Amen.

ACKNOWLEDGEMENT

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All glory to God forever and ever. Amen.

CONTENT

Acknowledgement	i
Dedication	ii
Content	iii
Introduction	iv-v
Chapter 1 - The Personality Of The Holy Spirit	1-11
Chapter 2- My Faithful Friend	12-20
Chapter 3- The Seven Spirit Of God	21- 26
Chapter 4- The Holy Spirit: Our Senior Partner	27- 32
Chapter 5 - Sustaining His Presence	33- 39

INTRODUCTION

The Holy Spirit My Helper

In the vast expanse of Christian experience, one truth remains profoundly transformative: the presence and power of the Holy Spirit. This book, "The Holy Spirit My Helper," aims to explore this truth and bring to light the vital role the Holy Spirit plays in the life of every believer.

The journey of faith is not intended to be traveled alone. Jesus Himself promised a Helper who would be with us forever (John 14:16). This Helper, the Holy Spirit, is not a distant or impersonal force but a close and personal guide, comforter, and source of divine power. The Holy Spirit's presence is indispensable for living a victorious Christian life, navigating the challenges of the world, and fulfilling God's purpose for our lives.

Understanding the Holy Spirit

To understand the Holy Spirit is to delve into the heart of God's plan for humanity. The Holy Spirit is the third person of the Trinity, fully divine and co-equal with the Father and

the Son. From the creation of the world, where the Spirit of God hovered over the waters (Genesis 1:2), to the anointing of Jesus for His earthly ministry (Luke 4:18), the Holy Spirit has been actively involved in God's redemptive work.

The Promise of the Helper

Before His ascension, Jesus assured His disciples that He would not leave them as orphans. He promised to send the Holy Spirit, who would teach them all things and remind them of everything He had said to them (John 14:26). This promise was fulfilled on the day of Pentecost, when the Holy Spirit descended upon the early believers, empowering them to boldly proclaim the Gospel and perform miraculous works (Acts 2:1-4).

The Role of the Holy Spirit

The Holy Spirit's role in the life of a believer is multifaceted. He is our Teacher, revealing the truths of Scripture and guiding us into all truth (John 16:13). He is our Comforter, providing peace and solace in times of trouble (John 14:27). He is our Advocate, interceding for us with groanings too deep for words (Romans 8:26). He is our Empowerer, endowing us with spiritual gifts to serve the body of Christ and fulfill our divine calling (1 Corinthians 12:4-11).

Experiencing the Holy Spirit

Experiencing the Holy Spirit is not limited to a select few but is available to all who believe in Jesus Christ. This experience is marked by a deep sense of God's presence, a hunger for His Word, and a desire to live a life that pleases Him. It involves being filled with the Spirit, a continuous process of yielding to His influence and allowing Him to control our thoughts, actions, and decisions (Ephesians 5:18).

This book invites you to cultivate a deeper relationship with the Holy Spirit. It encourages you to seek His guidance, depend on His strength, and trust in His wisdom. Through personal anecdotes, biblical insights, and practical applications, "The Holy Spirit My Helper" aims to inspire and equip you to live a life empowered by the Spirit.

As you embark on this journey, may your heart be open to the transforming work of the Holy Spirit. May you experience His presence in new and profound ways. And may you discover the joy and power of walking daily with the Helper who is always by your side.

Welcome to "The Holy Spirit My Helper." May this book be a source of blessing, encouragement, and spiritual growth as you deepen your relationship with the Holy Spirit.

CHAPTER

1

THE PERSONALITY OF THE HOLY SPIRIT

The Holy Spirit, the Third Person in the Trinity, is a divine personality ordained by God to empower His will on Earth. After the ascension of Jesus Christ, the Holy Spirit became our ever-present help and a true friend to those who seek a personal relationship with Him. The Holy Spirit is not just a concept; He is the Spirit of God, the very power of God Himself.

In the beginning, as recorded in Genesis chapter one, "Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters" The first mentioned of the Spirit of God was at creation. The Spirit of God was present at creation, the Spirit of God hovered over the waters during creation. From my personal experience with the Holy Spirit, I have come to understand Him as a creative, gentle, all-knowing Spirit who has been present since the dawn of creation, possessing knowledge that often eludes our comprehension of the universe

The Holy Spirit resides within our hearts, dwelling in us to enable us to fulfill God's will. The Holy Spirit lives in our hearts, He dwell in us to quicken us in the actualization of the will of God "Again Jesus said, "Peace be with you! As the Father has sent Me, I am sending you." And with that He breathed on them and said, "Receive the Holy Spirit." (John 20:21-22) The moment you give your life to Jesus Christ, the Spirit of God is the spiritual oxygen you live on to survive in your Christian journey.

The natural mind tends to be resistant to God's will and often makes mistakes. The Holy Spirit makes a profound difference in the lives of believers, becoming our lifeline and indispensable companion.

People perceive the Holy Spirit in various ways, but until you know Him as a friend, you may not fully grasp the depth of His ministry of "Help." The Holy Spirit operates in multifaceted ways according to God's plan for us. He is not an elusive deity; He resides within us, transforming and renewing our strength daily .

"The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so"

Romans 8:7 reminds us that the natural mind, without the Holy Spirit, is hostile to God's will. To be fully transformed from within, we require the Holy Spirit's guidance. As

Jesus said, "It is the Spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life."

Many view the Holy Spirit as the mere presence of God, but He goes far beyond that. He listens to us, speaks to our hearts, convicts us, comforts us, teaches us, brings us peace, and leads us. He is a personality, a divine companion that I have personally experienced. He is the best companion and most incredible friend one can imagine.

"But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere—in Jerusalem, throughout Judea, in Samaria, and to the ends of the world .As promised by Jesus in Acts 1:8, the Holy Spirit empowers us to live triumphant lives in our Christian journey, granting us the boldness to be witnesses for Christ

The Holy Spirit played a pivotal role in the resurrection of Jesus Christ. He is the quickening Spirit, the same Spirit present at creation, and the Spirit who dwells in believers. As Romans 8:11 states, "The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you" Romans 8:11

The Spirit of God liberates us to fulfill God's agenda on Earth, aligning our lives with the Father's mandate and helping us overcome our weaknesses. Before I encountered the Holy Spirit, I was timid and fragile, filled with fears. Through His ministry, I tapped into the potential God had placed within me, gaining the courage to move forward despite life's challenges.

2 Corinthians 3:17 reminds us that where the Spirit of the Lord is, there is liberty.

THE COMFORTER

"But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you John 14:26

The Holy Spirit is our comforter in this often lonely world, the Holy Spirit serves as our Comforter. He guides us down the path of holiness, standing with us against all odds, and offers guidance, support, and encouragement. He is our comforter when preaching to the people who are not willing to listen to His words, we are not alone in this world, we have a true friend, a great companion, our dear comforter.

We must be cautious not to grieve the Holy Spirit, as Ephesians 4:30 warns. "And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption"

There are moments of weariness, loneliness, and exhaustion in life. Resting on the power of the Holy Spirit within us revitalizes us. There are times, I feel tired, I feel lonely, I feel exhausted, the moments I rest on the power of the Holy Spirit within me, He helps me, He strengthens me, He speaks peace into my heart and from there my energy level rises, when you complain too much you can not enjoy the presence of the Holy Spirit. You grieve Him whenever you complain or disobey the words of God or you refuse to yield to His instructions.

He gives extraordinary life, He is the water of life. Complaining distances us from His presence and grieves Him. Instead, we should embrace the Holy Spirit as the water of life, as Revelation 22:16-17 describes.

"I, Jesus, have sent My angel to give you this testimony for the churches. I am the Root and the Offspring of David, and the bright Morning Star.' The Spirit and the bride say, 'Come!' And let the one who hears say, 'Come!' Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life" (Revelation 22:16-17).

THE TEACHER

The Holy Spirit is a multifaceted teacher, helping Christians navigate life and comprehend the Word of God. The more we allow Him to guide us, the more we resemble Christ and experience the love of our Heavenly Father. John 14:26 reassures us that the Holy Spirit will teach us all things and bring to remembrance what Jesus has said.

The more you allow Him to guide and direct your life, the more you will become like Christ and experience the love of your Father in heaven. I don't joke with my relationship with the Holy Spirit, because I enjoy His teaching daily, I lean on Him for things I know and things I don't know, I acknowledge Him in my ways so that we can continue the friendship for life

He taught me how to make the first oil extraction ,He showed me the process through a night Revelation. He taught me about Humility, Discipline and Faith one Night, He was holding a chalk and wrote everything on the white board in a night vision .

The Holy Spirit empowers us to carry out divine assignments by providing insights into the Bible, instructing us in our relationships, and opening our minds to God's ideas. A teachable spirit is essential to benefit from the teaching ministry of the Holy Spirit, as He breaks down the Word of God into understandable portions.

THE CONVICTER

The Holy Spirit not only comforts but also convicts people unto salvation, reconciling them to God through the Gospel of Jesus Christ. Sinners can repent through the conviction of the Holy Spirit, who speaks to our inner conscience.

He speaks to us through our inward witness. Something in you that keeps telling you to stop that sinful habit is the power of the Holy Spirit. I use to react impulsively, towards people am not comfortable with or rude people, but one day the Holy Spirit reminded me of the Love of God and He told me to stop creating bad impression at first sight, I should allow the Love of God to flow through me to people first, this changed my mindset from that time. He cautioned me severally about outburst anger and taught me how to manage situations better.

He taught me to love people unconditionally even when I see them not responding the same way. "And when he comes, he will convict the world of its sin, and of God's righteousness, and of the coming judgment."John 16:18
The Holy Spirit can change our behavior, reminding us of God's love and teaching us to love others unconditionally John 16:8 tells us that the Holy Spirit convicts the world of sin, righteousness, and judgment.

THE HELPER

The Holy Spirit assists Christians in their spiritual journey, delivering the mind of God, revealing His truth, and empowering us to overcome our weaknesses. He guides us in prayer, strengthens us to face challenges, and protects us from harm.

1 Corinthians 2:9-10 reveals that the Spirit reveals deep spiritual truths to us. I have enjoyed the help ministry of the Holy Spirit, in my marriage, in the lives of my Children, in my relationship with people, in my business, in every aspect of my life"However, as it is written: "What no eye has seen, what no ear has heard, and what no human mind has conceived" — the things God has prepared for those who love him, these are the things God has revealed to us by his Spirit. The Spirit searches all things, even the deep things of God"1Corinthians 2:10

THE SPIRIT OF WISDOM AND UNDERSTANDING

The Holy Spirit helps us discern God's will, provides counsel, and quickens our understanding. He opens our spiritual eyes to the supernatural realm and equips us with the wisdom and revelation needed to know God more deeply. Ephesians 1:17 encourages us to seek the spirit of wisdom and revelation in the knowledge of God. "That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him: Ephesians 1:17 You can't know God

deeply without the help of the Holy Spirit. Sweet Holy Spirit, Blessed Holy Spirit, the great helper with deep understanding and wisdom of God.

THE FRUITS OF THE HOLY SPIRIT

The fruits you bear have a profound impact on your relationship with the Holy Spirit. The Holy Spirit assists you in managing your emotions and possesses emotions Himself. His guidance enables you to be attuned to the Word of God and empowers you to extend love to others, regardless of their actions towards you.

He speaks softly to your heart, encouraging swift forgiveness, even in moments of pain. He fills your hearts with joy and maintains your spiritual well-being, as Proverbs 17:22 reminds us, "A merry heart does good like medicine, but a broken spirit dries up the bones."

It is essential to allow the emotions of the Holy Spirit to guide your own, as this leads to bearing good fruits. Life loses its meaning without the presence of the Holy Spirit. We must avoid making our relationship with God transactional; it should be unconditional. The Holy Spirit helps us to love God unconditionally.

The Word of God speaks about the fruits of the Holy Spirit in Galatians 5:22-23: "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control."

LOVE : God's love for us is unconditional, and our response should be to submit our will to Him and obey His commandments “If you love me, obey my commandments”.

(John 14:15). Demonstrating God's love is a fruit that all Christians should bear, showing others the love of God residing within us. God is love, we can't claim to love God without loving the people around us, we must avoid hatred by all means. You bear this fruit through the power of the Holy Spirit. Romans 5:5

JOY : The Holy Spirit imparts joy through the salvation of our souls, filling us with inner happiness and pleasure. This joy radiates from us, allowing others to witness the joy of God in our lives.

PEACE : As the Prince of Peace, Jesus Christ grants peace to those who are born again, freeing them from worry and disturbance. The Holy Spirit comforts our hearts and minds, enabling us to share this peace with those around us.

PATIENCE :The Holy Spirit helps us remain calm and content while waiting, allowing us to bear the fruit of patience, which is vital for those who have the Holy Spirit within them.

KINDNESS :Displaying the compassionate nature of the Holy Spirit, we exhibit selflessness in our actions, aspiring to follow God's will and make a positive impact.

GOODNESS: The Holy Spirit guides us to be kind, honest, generous, and helpful, as it is inherent in His nature to do good.

FAITHFULNESS: Remaining unfailingly loyal to God and consistently practising that loyalty is possible with the help of the Holy Spirit, who implants His nature within us.

GENTLENESS: In a world filled with distractions and challenges, the fruit of gentleness enables us to remain connected to the Holy Spirit, displaying a kind and mild-mannered demeanor.

SELF-CONTROL: The Holy Spirit empowers us to exercise control over our emotions and desires, especially in challenging situations. In a world filled with temptations, His guidance helps us maintain self-control.

In conclusion, the Holy Spirit is our constant companion, offering comfort, teaching, conviction, help, and wisdom. Embracing this divine relationship transforms our lives and allows us to fulfill God's purpose for us.

THE PRECIOUS HOLY SPIRIT I HONOUR YOU IN MY LIFE

CHAPTER

2

MY FAITHFUL FRIEND

“The Friend, the Holy Spirit whom the Father will send at my request, will make everything clear to you. He will remind you of all the things I have told you.” - John 14:26 (MSG)

Since March 2006, the Holy Spirit has been my constant companion. Many find it challenging to grasp the depth of closeness one can have with the Holy Spirit. I converse with the Holy Spirit as I would with a friend; He is incredibly reliable. He understands God's will for me, guiding me towards His perfect plan. Often, I rely on Him for direction and assistance, especially in the context of the Avila Naturalle business, of which I am honored to serve as the founder and Managing Director. The Avila Movement is a vast endeavor, and I can't navigate it without the guidance of the Holy Spirit.

THE ROLE OF THE HOLY SPIRIT IN YOUR LIFE

John 16:7 (ESV): "Nevertheless, I tell you the truth: it is to your advantage that I go away, for if I do not go away, the

Helper will not come to you. But if I go, I will send him to you."

The Holy Spirit is our ordained helper. When our Savior was about to depart, He didn't leave us alone; instead, He bestowed upon us the greatest gift, the Holy Spirit. The mission of the Holy Spirit is to glorify Jesus, and in turn, Jesus gives all glory to the Father. As it's written in John 16:14, "He will glorify me, for he will take what is mine and declare it to you."

In Luke 1:34, Mary asked the angel, "How can this be, since I do not know a man?" Mary's divine calling was to bring forth the Savior of the whole world. She faithfully fulfilled this purpose, and all glory goes to God forever. Jesus was conceived through the intervention of the Holy Spirit (Acts 10:38), and His resurrection was made possible by the power of the Holy Spirit.

Each of us has a calling from God, which could be in business, ministry, government, or helping others. Often, we lack the capacity to fulfill God's purpose naturally. In such moments, we must rely on the power of God, symbolized by the Holy Spirit. Jeremiah 1:5 emphasizes this truth, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Without the Holy Spirit's assistance, we risk missing out on God's plan, as His help is

what makes the supernatural possible in our lives. He is our helper, and if you aspire to achieve greatness, you will need the Holy Spirit.

God's calling for you often surpasses what the natural world can achieve. There are times when life on Earth is difficult, uncomfortable, and even painful. In such moments, we deeply need the comfort that only the Holy Spirit can provide.

Isaiah 11:2 and 1 Kings 3:17 highlight how the Holy Spirit aids us in our journey.

THE HOLY SPIRIT AND THE AVILA VISION

In 2017, the Holy Spirit stirred restlessness within me, so profound that I mistook it for depression until I realized He was trying to capture my attention. Through a night vision, the Holy Spirit unveiled a revelation to me about skincare products being entrusted into my hands. At the time, I was entrenched in the corporate world and had no prior knowledge of cosmetics or skincare products. I had always used foreign skincare products and had no intention of altering my skincare routine. Yet, the revelation left me perturbed, for the Holy Spirit conveyed to me with utmost clarity in a night vision: "IT IS TIME TO EMBARK ON NATURAL INGREDIENTS FOR SKINCARE PRODUCTS TO SAFEGUARD AGAINST SKIN CANCER."

A CALL TO HUMBLE SERVICE

Restlessness consumed me, and I harbored it in silence. Later, I confided in a trusted friend about what the Holy Spirit had revealed to me. Her response was simple: "Go ahead and do it." Fear gripped my heart as I hesitated. I shunned the limelight, detested fame, and loathed competition. My passion lay in adding value to people's lives, not in grand endeavors. Yet, the Holy Spirit persisted and presented another revelation—a grand skincare brand, with a vessel inscribed "HAVILAH." He bequeathed the name "HAVILAH," and upon registration, "AVILA" was granted approval. Truly, God's greatness knows no bounds.

"I have observed something else under the sun. The fastest runner doesn't always win the race, and the strongest warrior doesn't always win the battle. The wise sometimes go hungry, and the skillful are not necessarily wealthy. And those who are educated don't always lead successful lives. It is all decided by chance, by being in the right place at the right time." - Ecclesiastes 9:11 (NLT)

It was divine providence that paved my path. I was simply living my life, devoted to God and dedicating what little resources I had to missions and crusades. I cherished being a part of God's work, supporting missionaries in my modest way. Then, unexpectedly, God graced me with a profound calling. I shall forever be indebted to Him.

The turmoil within me persisted until I took the leap to initiate Avila Naturalle. Nothing seemed to align at that point; despair and fatigue drove me to contemplate leaving the country. However, a mentor conveyed a message from the Holy Spirit: "No." Meanwhile, my dear companion, the Holy Spirit, had remained silent within me, as I hesitated to heed His call to commence Avila. My apprehensions and perceived shortcomings had held me back.

Thanks be to God for His boundless mercy. Finally, I obeyed the divine directive, and the moment I surrendered to His will, everything began to fall into place. A factory space became available at a surprisingly affordable cost, a dedicated team emerged, modest equipment was procured, and a meager thirty thousand worth of coconut oil became the foundation of our journey.

The Limitless Power and Love of the Holy Spirit

In every facet of His ministry, the Holy Spirit manifests extraordinary power and boundless love. This same power that resurrected Jesus from the grave and gave birth to the cosmos is ready to work within us, shaping us into the likeness of Christ with a radiance that continually grows brighter. All it requires is our complete abandonment of self-sufficiency and the wholehearted

surrender of our being to this divine presence, our dearest companion—the Holy Spirit.

THE HOLY SPIRIT GIVES FORMULA

Deuteronomy 29:29 "The secret things belong to the LORD our God, but the things revealed belong to us and to our children forever, that we may follow all the words of this law." The inception of Avila Naturalle marked a profound moment when divine inspiration illuminated our path. It began with a visitation from the Holy Spirit, during which I inquired, "How shall we embark on the skincare line?" His response was clear: "Begin with coconut oil." From there, the Holy Spirit continued to guide, unveiling insights for Carrot Oil, Avocado Oil, Moringa Oil, Neem Oil, and more. In a night vision, He revealed the precise techniques for extracting oils from these natural ingredients.

It was during my journey in the essential oil community and studies in the School of Natural Skin care, at the outset of Avila, that I grasped the uniqueness and enhanced efficacy of the Holy Spirit's formula. Today, Avila Naturalle has dedicated Research and Development departments. The majority of our product ideas originate from the Holy Spirit's inspiration. We build upon His foundational wisdom to conduct thorough research on these products.

I'll forever treasure the day when my faithful friend, the Holy Spirit, enlightened me about the most effective plant for spot removal. I'll never forget when He emphasized the inclusion of specific ingredients in our products to enhance performance, prevent premature aging, and safeguard against skin diseases. The day He introduced me to Black Seed Oil, the day He introduced me to Oregano Oil. The day He introduced me to Roselle Drink, the day He gave insights about Ginger and Turmeric Drink, Turmeric and Dates Custard, and when He imparted the vision of an Oat Scrub

it all remains etched in my memory. The Holy Spirit, my unwavering guide, is my Father, my Friend, and my Helper. Thank you, Jesus, for the precious gift of the Holy Spirit.

ARE YOU FAITHFUL TO GOD?

Whenever I encounter challenges in discerning the Holy Spirit's guidance, my response is to withdraw, seeking a personal retreat with God. During this time of reflection, I engage in worship, praise, immersion in the Word of God, and deep prayer. It's in these moments of solitude that I regain my clarity. I make it a point to convey to my Avila Naturalle team that they should hold me accountable for any mistakes, but, more importantly, to acknowledge and give glory to the Almighty for the positive impact we've

achieved. The faithfulness of God, Jesus Christ, and the Holy Spirit is unquestionable. The real question is whether we, in turn, remain faithful to God.

In a world marred by doubt and cynicism, the concept of faithfulness can often feel like a distant virtue. Painful experiences and the brokenness of our world can erode our trust in others, making faithfulness a challenging quality to embrace. Faithfulness is a fruit of the Spirit, born of trust and loyalty. As Hebrews 11:1 reminds us, "Now faith is a confidence in what we hope for and assurance about what we do not see." As followers of Christ, our faithfulness extends first and foremost to God. It's one thing to believe in Him, but another to be truly faithful to Him. Genuine faithfulness shapes the way we live, enabling us to be loyal in our earthly relationships and to love others unconditionally. True faithfulness demands that we surrender our ways to God, recognizing our need for a Savior and acknowledging His sovereignty over our lives. Proverbs 19:21 aptly declares, "Many are the plans in a person's heart, but it is the Lord's purpose that prevails." To be faithful to God is to recognize His faithfulness to us.

The foundation of our relationship with God is to accept Jesus Christ as our Lord and Saviour, you need to confess your sins and ask God to forgive you all your sins, you can pray that the Holy Spirit should come and abide in your

The Holy Spirit My Helper
spirit forever.if you give Him a space in your heart ,He will
come into your life and help you the way He helped me
greatly. I know your deeds. See, I have placed before you
an open door that no one can shut. I know that you have
little strength, yet you have kept my word and have not
denied my name."Look! I stand at the door and knock. If
you hear my voice and open the door, I will come in, and
we will share a meal together as friends"Revelation 3:20

You can also enjoy the sweet fellowship of the Holy Spirit if
you are willing and obedient. Isaiah 1:19

CHAPTER

3

THE SEVEN SPIRIT OF GOD

These are the words of Him who holds the seven spirits of
God and the seven stars." Revelation 3:1

The Holy Spirit manifests in diverse ways, with the intent of
benefiting the Church and the children of God. When filled
with the power of God, one experiences profound
influence from the Holy Spirit, whose presence is
perceived through various dimensions in our lives.
Working within believers, the Holy Spirit renews our
minds, aligning them with the mind of Christ, achieved
through convicting us of sin and guiding us toward
repentance.

The Spirit Upon

Scripture in Isaiah 11:2 states, 'And the Spirit of the LORD
will rest on him—the Spirit of wisdom and understanding,
the Spirit of counsel and might, the Spirit of knowledge and
the fear of the LORD.'

The Spirit of God comes upon us to fulfill God's purpose on earth, bestowing exceptional outcomes in our endeavors. For instance, in my leadership at Avila Naturalle, I've experienced the Spirit of God commissioning me to fulfill God's purpose for this brand. A similar occurrence is evident in Acts 2:1, where the Spirit came upon the disciples, empowering them to carry out God's mandate.

While one may be born again and have the Spirit of God within, the impartation of the Holy Spirit is necessary to manifest the extraordinary power of God. Being specific about our needs from God is essential; assuming that God knows may hinder our alignment with His purpose. Whether seeking breakthrough in business or career, one requires the supernatural hand of God—the power of the Holy Spirit upon them.

The Spirit of Wisdom

The Spirit of God manifests through the wisdom bestowed upon us, granting insight into profound matters and providing access to the mind of God in various situations. Through the power of the Holy Spirit, we transcend natural limitations, becoming wiser and more intelligent.

In Ephesians 1:17, we are encouraged to seek spiritual wisdom and insight from God, allowing us to deepen our knowledge of Him. This wisdom grants us the capacity to

know God more intimately. Wisdom, in essence, involves not only understanding what is right but also acting upon it. It encompasses the ability to innovate, create, and discern, leading us to a higher realm of understanding.

Proverbs 4:7 emphasizes the paramount importance of wisdom, signifying the necessity to grasp the wisdom of God. To make a substantial impact in life, the Spirit of wisdom is indispensable. Operating in the realm of God's wisdom requires the empowering presence of the Holy Spirit. Proverb 8:18

"I have riches and honor, as well as enduring wealth and justice" The Spirit of God is loaded with everything you need for life and godliness, it is the way out of that issues in your life, it is that small still voice of God giving you instructions on what to do about your business or career, it may be family issues or something else." For God has revealed it to us through the Spirit. For the Spirit searches all things even the depths of God" I Corinthians 2:10. The deep things of God can only be accessed by the Spirit of wisdom.

The Spirit of Understanding

The Spirit of Understanding embodies God's divine revelation—His hidden insights within His Word. Through the Spirit, God enlightens our hearts, granting us

comprehension of His profound Wisdom. It provides deep understanding into matters that the natural mind may struggle to grasp fully, offering spiritual enlightenment and helping us capture the revelations of God's Word. This illumination propels our Christian faith, giving it meaning and clearing obstacles along our journey. Without spiritual understanding, navigating the path of faith becomes challenging.

"The way the natural mind understands things differs from a Spiritual mind" (1 Corinthians 2:12). The Spirit of Understanding offers profound insight, revealing the hidden workings behind events and the true motivations behind people's actions. It enables us to perceive people and situations with God's perspective and insight.

THE SPIRIT OF COUNSEL

This aspect of the Holy Spirit is where we navigate life's journey smoothly and understand the perfect will of God. It provides divine direction and leading. The Holy Spirit enables believers to maximize their God-ordained gifts and blessings. Like Moses, who had direct communication with God, we too can hear His voice clearly, leading to deliverance and fulfillment of His plans for us (Exodus 3:14). Following the counsel of the Holy Spirit ensures we walk in God's perfect plans, avoiding wrong paths and experiencing peace.

"For my thoughts are not your thoughts, neither are your ways my ways, declares the LORD" (Isaiah 55:8).

THE SPIRIT OF MIGHT

"And the spirit of the LORD shall rest upon him, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD" (Isaiah 11:2). Strength is essential for fulfilling our purpose. Praying for the grace of physical and intellectual strength is crucial, as sickness and distractions can hinder productivity. By leaning on the might of the Holy Spirit, we receive grace to exceed expectations and accomplish extraordinary feats (Ephesians 3:20). Focusing on Jesus and inviting the Holy Spirit to fill us with His might empowers us to overcome obstacles.

THE SPIRIT OF KNOWLEDGE

Knowledge, when applied, empowers us to walk in dominion. Knowing God and His Word is crucial for a thriving relationship with Him. The Bible is filled with all the truth we need to know about God, His people, and how He relates to us. We cannot have a relationship with God without truly knowing Him (Philippians 3:10). Those who know their God shall be strong and do exploits (Daniel 11:32b). Meditating on the Word of God enables us to fully understand His plans. Praying for a fresh filling of the Spirit of knowledge allows us to delve deeper into God's truth and walk confidently in His ways.

THE SPIRIT OF THE FEAR OF GOD

The fear of the LORD is the beginning of knowledge, positioning us to walk in wisdom and reverence. It enables us to honor and obey God's commandments out of love (Proverbs 1:7; 1 John 5:3). Cultivating the fear of God grants us access to His presence and propels us to live holy lives. Praying for the baptism of the Spirit of the fear of God ensures we love and honor God wholeheartedly, seeking to walk in His ways all the days of our lives.

CHAPTER

4

THE HOLY SPIRIT: OUR SENIOR PARTNER

Throughout my journey, I've cherished the partnership of the Holy Spirit. He is indeed the senior partner, guiding me every step of the way. Over the decades, I've come to realize that nothing compares to the depth of relationship one can have with the Holy Spirit. In the dynamic landscape of the business world, a Christian's reliance on the Holy Spirit is indispensable. Life's journey can often feel solitary and uncertain, but the presence and power of the Holy Spirit make an immense difference in our lives.

How Does the Holy Spirit Become the Senior Partner?

The pathway to embracing the Holy Spirit as our senior partner begins with our devotion to God. As Matthew 6:33 teaches us, when we prioritize the kingdom of God and live in righteousness, everything else falls into place. This conscious alignment with God's kingdom makes us more attuned to the power of the Holy Spirit within us. It's not enough to merely claim to seek God first; our actions must reflect this commitment. We must carve out time for prayer, worship, and serving God, ensuring that our plans align with His divine purpose for us.

Personally, I've found immense value in seeking the Holy Spirit's counsel in all aspects of my life. Even when I'm confident in my decisions, I still turn to prayer for guidance. Proverbs 3:5-6 reminds us to trust in the Lord wholeheartedly and to acknowledge Him in all our ways. This acknowledgment includes seeking His wisdom and direction in our daily endeavours.

I recently advised one of my spiritual mentees to dedicate at least one hour each day to God. Initially, he balked at the idea, citing his busy schedule. However, I challenged him to consider what if God required even more of his time? Like ten percent of our twenty four hours? Would he be willing to sacrifice it? God desires our devotion and asks us to prioritize our relationship with Him above all else. By investing time in His word, prayer, and acknowledging His sovereignty, we position ourselves for success in His name.

Averted Disaster: Guidance from the Holy Spirit

In the intricate tapestry of life's journey, there are moments when the guidance of a higher power becomes not just desirable, but imperative. Such was the case in the year 2020 when I found myself at the threshold of a potentially transformative business opportunity in Nigeria, courtesy of a close relative's introduction. The prospect shimmered with promise, its allure fueled by the anticipation of significant capital investment and the

tantalizing allure of substantial profits. Eagerly, I entertained thoughts of immediate engagement, swept up in the excitement of possibility.

However, before taking even a single step forward, I instinctively turned to my senior partner, the Holy Spirit, in prayerful supplication. That fateful night, as I poured out my heart in communion, seeking divine counsel, the Holy Spirit graciously unveiled a framework to guide my deliberations: PPC - Planning, Pause, and Control.

Planning:

In the luminescent glow of the Spirit's revelation, I was awakened to the paramount importance of meticulous planning. With unwavering clarity, the Holy Spirit impressed upon me the sobering truth that without a solid foundation of strategic foresight and comprehensive planning, the very edifice of the business stood vulnerable to collapse. It was a sobering realization: I was not yet equipped for the magnitude of this endeavor. My team, lacking in both internal cohesion and external training, stood ill-prepared for the challenges ahead. Moreover, my own understanding of the intricacies of the venture was cursory at best. Since that illuminating encounter, I have made it my solemn vow to imbue every project and enterprise with the meticulous attention to detail that planning demands.

Planning, I came to understand, is more than just a roadmap; it is an art form, a delicate dance of strategic cognition and resource mobilization. It is the process of orchestrating ideas into action, of marshaling both human ingenuity and financial resources toward a common goal. The words of Jesus, echoing through the corridors of time from Luke 14:28-29, resonated with newfound significance: "For which of you, intending to build a tower, does not sit down first and count the cost, whether he has enough to finish it?"

Pause:

Having charted the course through the terrain of planning, the Holy Spirit then beckoned me to a moment of sacred pause. Here, amidst the hallowed stillness of contemplation, I was to reevaluate the plans laid bare before me. The pause was not merely a cessation of activity; it was a deliberate act of spiritual introspection, a sacred interlude wherein I was called to commune once more with the divine.

In this hallowed space of reflection, the Holy Spirit impressed upon my heart the imperative of discernment. Here, in the sanctum of prayer and meditation, I was granted glimpses into the hidden motives and concealed intentions of those who would walk this path with me. Tears flowed freely as revelations unfolded before me,

exposing the subtle machinations of those whose allegiance lay not with the success of the endeavor, but with its inevitable downfall.

It was here, in this sacred pause, that I encountered the stark reality of spiritual warfare. For the enemy's agents, cloaked in the guise of allies, sought to sow seeds of discord and dissent, undermining the very fabric of our collective endeavor. Yet, armed with the discernment bestowed upon me by the Holy Spirit, I navigated the treacherous waters of deception, steering clear of pitfalls and snares laid in wait by unseen adversaries.

Control:

With the plans meticulously laid and the sacred pause duly observed, the final leg of the journey beckoned: control. Here, in the crucible of self-mastery, I was to exercise dominion over my thoughts, desires, and impulses. It was a lesson in restraint, a clarion call to surrender the reins of my life to the guiding hand of the Holy Spirit.

In this realm of spiritual sovereignty, the Holy Spirit taught me the profound truth encapsulated in Isaiah 26:3: "You will keep in perfect peace those whose minds are steadfast, because they trust in you." Here, amidst the tumultuous winds of uncertainty, I found solace in the unyielding assurance of divine providence.

With each passing moment, I felt the gentle hand of the Holy Spirit guiding my steps, leading me away from the precipice of folly and into the haven of His perfect peace. For in relinquishing control to the omnipotent wisdom of the Almighty, I discovered a tranquility that transcended understanding, a peace that surpassed all human comprehension.

In the final reckoning, it was through the unwavering guidance of the Holy Spirit, my senior partner in the journey of life, that disaster was averted, and victory assured. And as I reflect upon that pivotal moment in the annals of my personal history, I am reminded anew of the profound truth encapsulated in Proverbs 14:12: "There is a way that seems right to a man, but its end is the way of death."

In the intricate dance of life's unfolding narrative, let us never forget the guiding hand of the Holy Spirit, ever-present, ever-true, leading us onward to the glorious culmination of our divine destiny.

CHAPTER

5

SUSTAINING HIS PRESENCE

So many Christians use to have a very good relationship with the Holy Spirit to the extent that they were filled with His power and they manifested the fruit of the Spirit and the gift of the Spirit, they had different encounters ! They saw great revelation, they were able to reach a very high level in the spiritual realm. The fatal thing about these people is that they couldn't sustain the relationship!!! They allowed the distractions of this world to sweep their feet away.

“For it is impossible to bring back to repentance those who were once enlightened—those who have experienced the good things of heaven and shared in the Holy Spirit, who have tasted the goodness of the word of God and the power of the age to come and who then turn away from God. It is impossible to bring such people back to repentance; by rejecting the Son of God, they themselves are nailing him to the cross once again and holding him up to public shame”

The first day I saw this Scripture, I was afraid, because I didn't know there is a level you get with God and you can not repent again!! It means the grace to repent would be taken away from you totally. A great woman of God fell into the sin of adultery, she was a pastor's wife and she understood the word of God very well, you experienced the revelational knowledge of the word of God, she was highly gifted but unfortunately the devil tempted her and she yielded because she was already looking at the world, she wanted to have taste sin and repent.

That was her intentions but unfortunately after she committed the act she had accident and died. Also a colleague of mine died close to two decades now, she had great experience with God, she was sharing her relationship with the Holy Spirit with me, I was excited that she gravitated towards divine purpose, unfortunately she died shortly through accident as well and I was furious in my spirit that why would someone like this die?? The Holy Spirit showed me a revelation and the lady was telling me that she didn't make heaven, that she committed fornication and abortion recently before her death. I wept for her.

Brethren!!!

The standard of God is holiness and truth. You can not claim to know God and be dwelling in sins. Ma I have seen people hiding under the shadow of the grace of God to

commit sin. The grace of God is for us to repent from all sins please take note.

“For the grace of God has been revealed, bringing salvation to all people. And we are instructed to turn from godless living and sinful pleasures. We should live in this evil world with wisdom, righteousness, and devotion to God” Titus 2:11-12

Your devotion to God should not be compromised irrespective of what is happening in the world, there is no need to continue in sins my sister and brother, you can repent and embrace the power of God and the Holy Spirit will reside in you.

HOW DO YOU SUSTAIN HIS POWER?

BE WILLING:

Your willingness to stay connected to God is crucial in your relationship with Him. You need to desire His presence and be willing to abide in Him forever. “If you will only obey me, you will have plenty to eat. But if you turn away and refuse to listen, you will be devoured by the sword of your enemies. I, the LORD, have spoken!” (Isaiah 1:19-20).

The Holy Spirit told one of my mentors that obedience rules in the Kingdom. The devil is devouring many disobedient children; stay awake and repent today. You can't love God today and be out of His love tomorrow; it is not safe, my beloved.

SUBMIT YOURSELF TO HIS WILL (NIGHT REVELATION):

“Epaphras, who is one of you, a bondservant of Christ, greets you, always laboring fervently for you in prayers, that you may stand perfect and complete in all the will of God” (Colossians 4:12).

One night, the Holy Spirit came to me and started teaching about humility. That night, He taught me that humility is being submissive to the will of God, humility is obedient to the Word of God, humility is faith in God, and humility is the gateway to heaven. It was a great encounter. I implore you to submit your will and embrace the perfect will of God. You may not understand His perfect will with your natural mind; it takes the Holy Spirit's help for us to know and understand the will of God. “Submit yourselves therefore to God. Resist the devil, and he will flee from you” (James 4:7). For you to sustain your relationship with the Holy Spirit, you need to be willing to align with His perfect will for you. May God help you in Jesus' name.

FAN THE FIRE:

“That is why I remind you to fan into flame the gracious gift of God, [that inner fire—the special endowment] which is in you through the laying on of my hands [with those of the elders at your ordination]” (2 Timothy 1:6 AMP).

There are times your natural mind gets tired and may want to stop doing good things you have been used to before. There are days you just want to slide into your old self and

have fun. There are days you won't even feel like praying. What do you do in such moments? Pray hard! Pray in tongues and ask the Holy Spirit to help you. This is the time you need a personal retreat. Take out a few days and run to His presence, confess your sins, study the Word of God, and ask the Holy Spirit to fill you afresh.

It may be an attack against your spiritual life. Don't ignore the prompting of the Holy Spirit. Spend time in His presence. If you are far from His Word, you will be far from His presence. Fan the little fire up and sustain the bigger one. There are so many distractions in this end time; please watch and pray. “Be sober [well balanced and self-disciplined], be alert and cautious at all times. That enemy of yours, the devil, prowls around like a roaring lion [fiercely hungry], seeking someone to devour” (1 Peter 5:8 AMP).

Conclusion: The Holy Spirit My Helper

As we come to the conclusion of "The Holy Spirit My Helper," it is my hope that you have gained a deeper understanding and appreciation for the indispensable role of the Holy Spirit in your life. The journey through these pages has highlighted the profound ways in which the Holy Spirit empowers, guides, comforts, and transforms us.

The Indispensable Role of the Holy Spirit

From the promise of Jesus to the day of Pentecost, we have seen how the Holy Spirit's presence fulfills God's plan for His people. The Holy Spirit is not just an abstract concept but a living, active, and personal presence who desires a close relationship with each believer. He is our Teacher, Comforter, Advocate, and Empowerer, equipping us to live out our faith with boldness and grace.

Empowerment for Daily Living

One of the key take aways from this book is the realization that the Holy Spirit is our source of strength for daily living. He helps us overcome challenges, resist temptation, and produce the fruit of the Spirit in our lives. By yielding to His influence, we can live lives that are pleasing to God and impactful to those around us.

Continuous Growth and Transformation

Our relationship with the Holy Spirit is a continuous journey of growth and transformation. It involves daily surrender, seeking His guidance, and allowing Him to mold us into the image of Christ. As we remain connected to the Holy Spirit, we experience His renewing power, which revitalizes our faith and deepens our spiritual walk.

Practical Steps for a Spirit-Filled Life

To live a Spirit-filled life, it is essential to cultivate spiritual disciplines that keep us attuned to the Holy Spirit's voice.

This includes regular prayer, immersion in God's Word, worship, and fellowship with other believers. Taking personal retreats, confessing our sins, and seeking the Holy Spirit's infilling are practical steps that help us stay aligned with God's will.

The Invitation to Deeper Relationship

As we conclude, I invite you to continue pursuing a deeper relationship with the Holy Spirit. Embrace His presence in your life and rely on His power for every aspect of your journey. Remember, the Holy Spirit is always with you, ready to guide, comfort, and empower you. Trust in His wisdom, lean on His strength, and allow Him to lead you into a life of purpose and fulfillment.

A Final Prayer

May the Holy Spirit fill you afresh with His presence. May He guide you into all truth, comfort you in times of need, and empower you to live a life that glorifies God. As you walk daily with the Holy Spirit, may you experience His joy, peace, and love in abundance.

Thank you for joining me on this exploration of "The Holy Spirit My Helper." May this book continue to inspire and equip you as you journey with the Holy Spirit, your ever-present Helper and Friend.

The Holy Spirit My Helper

The Holy Spirit My Helper